



Posyandu Cadre Assistance to Parents in Minimizing the Occurrence of Stunting in Parangargo Village, Wagir Subdistrict, Malang District

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Abstract

The purpose of study This For know How condition *Stunting* in Parangargo Village, you know factor background factors happen *Stunting* in Parangargo Village, you know assistance provided cadre posyandu in minimize happen *Stunting* as well as know obstacles experienced cadre posyandu in do assistance. Study This use approach qualitative study This carried out at Posyandu son people in Parangargo Village. Data is collected through technique interviews, observations, and studies documentation. Analysis of the data used in study This with stages data reduction, data presentation and drawing conclusions. Result of study This is (1). Condition *Stunting* in the village parangargo every year the more decrease. In 2022 cases *Stunting* experienced by 16 children, in 2023 it will decrease to 6 children and by 2024 it will reach 0 children. (2) Factors of occurrence filming in the village parangargo can be caused Because lack awareness public about *Stunting*, lack of source Power human (tbsp), lack of parental understanding and knowledge to health children and *Stunting*, behavior life healthy and clean or sanitation, lack of fulfillment food nutritious (3) Assistance provided cadre posyandu form assistance to cats, assistance to mothers pregnant, assistance Mother postpartum, assistance Clowns and Toddlers. And (4) Obstacles experienced cadre posyandu form limited amount cadre Posyandu, lack of coordination, communication cadre Posyandu and parents are lacking good, and funding is still minimal from Parangargo Village

Keywords : Assistance; Cadres; Posyandu; Stunting

1. Introduction

A child entitled For get fulfillment nutrition in his body so that child Can grow and develop with Good in accordance with his age. When children get adequate nutrition inside his body child No will experience the name problem nutrition chronicle or nutrition bad. That matter will impact on his body like easy sick, growing the flowering is less than optimal and still is Lots other impacts experienced by children who experience it nutrition chronicle or nutrition bad. One of lots of things discussed by society moment This with exists problem lack nutrition in children is Lots experienced child problem *Stunting*.

Stunting basically is fail grow and develop that can seen with results measurement height, and weight and development cognitive children who don't in accordance with his age. *Stunting* Lots found in children children who have age under 5 years old. Children who experience it *Stunting* will own disturbance in reach development optimal physical, good cognitive and decreased psychomotor. that cause child will experience various obstacles in the future. *Stunting* in children Lots cause grow flower one child who is not optimal impact from *Stunting* in children is child will own low intelligence, and vulnerable caught disease (Khairani & Effendi, 2020)

Case *Stunting* Still become moderate problem highlighted by society as well as government. *Stunting* in children based on sufficiency needs of children in facet nutrition in body obtained from food and drinks consumed by children as well as need child others that impact suitability grow appropriate development in children with his age.

Case Lots of *stunting* happens in society caused Because low economy. Condition the influence pattern eating and choosing good food with so public as a parent many are missing care condition adequacy nutrition in children. So that child experience lack nutrition in his body. That matter it's the one in the end will cause child experience *Stunting* (Mely et al., 2021) . Besides that *Stunting* is also possible caused Because lack parental knowledge to health child. Parent not enough own understanding related health child because level low education besides that's also because not enough his enthusiasm they will education carried out by the parties health like health centers and cadres posyandu.

Problem *Stunting* in Indonesia is becoming problems that have get attention national. Entire element public has make *Stunting* become quite a problem Serious. Reduction targets *Stunting* in 2024 will be 14%, while in 2022 it will still be 24 %. Various effort handling *Stunting* has Lots carried out by the Indonesian Government both at the Central Government level and area, will but Not yet Can pressing decline *Stunting* in a way significant (Analysis & Analysis, 2024).

Malang Regency is one of them areas that have amount Enough Lots For experienced child *Stunting*. Regency poor has 33 sub-districts. In 2022 it will be measured in months February regency poor own prevalence amount *Stunting* is at 7.8 percent while in 2023 it will be measured in months August 2023 district poor own prevalence *Stunting* is at 6.7 percent. Peravelensi data the prove number *Stunting* decrease from year previously. In February 2023, there were 150,442 children under five measured. From measurements Of these, as many as 10,128 toddlers have low height, 10,423 toddlers experience underweight, and 7,306 children under five experience nutrition not enough. The Malang District Health Service also took note there are 1,034 children under five from facet height, weight, and nutrition.

One of experiencing districts decline in case *Stunting* is subdistrict wagir. Subdistrict wagir is one contributing sub - districts in decline number *Stunting* in the district poor thing. Subdistrict wagir has an area covering 11 villages. One of villages in the subdistrict wagir is village parangargo which is one villages in the subdistrict wagir who has number Low *stunting*. In the village parangargo Alone number *Stunting* in 2022 is indicated by 2 children *Stunting* and 10 children risk *Stunting*, while in 2023 it will be summarized in months August Then case *Stunting* in the village parangargo only 1 child was indicated *Stunting* and 2 children who have risk *Stunting*. That matter prove that village Parangargo really cares with exists case Moderate *stunting* widespread moment this, besides that's also agility from cadre cadre posyandu and energy health For complete and minimize case *Stunting*.

Problem *Stunting* Lots happen Because intake nutrition in babies or child not enough so that nutrition Not yet Can sufficient. As a parent need attention especially for children who are in the 1000 day period First life (HPK). First 1000 Day Period Life (HPK) The phase is phase critical at a time phase gold in growth and development child who can influence quality live in adulthood However handling *Stunting* No only need attention to age the but also age furthermore until child pass 5 years old. With so parents will know in a way factual about

experienced child *Stunting*. Need attention special from parents is very extra Because grow flower child will be optimal at the age of 0 to 5 years (Dwijayanti et al., 2022) .

Case *Stunting* This Can minimized with various one way with do assistance provided by competent people in health child like midwife or nearby with public like cadre posyandu. Posyandu as very close child health group with public must own method For can minimize factor factor happen *Stunting*. Posyandu whose members are: cadre cadres who are community in the area that has been get training training from government and health centers related health child For minimize factor factor happen *Stunting* cadre posyandu can endeavor with do assistance to parents.

Mentoring can done to their parents so that parents can own more knowledge related health children and also *Stunting*. Many parents do n't guard intake nutrition and nutrition child his besides that's a lot too from parents who do n't care will sufficiency in children like immunization complete in accordance age babies, nutrition and nutrition, as well as pattern good parenting for child so that child Can spared from *Stunting*. Assistance provided by cadres cadre posyandu Can done with method assistance together with do meeting with parents parents who have child range ages 0 to 5 years Then give counseling related immunization new, or pattern raising good children, giving MPASI to children, giving breast milk exclusive until 2 years old and others. With cooperate with party related like midwife local or health center local to the community get knowledge and more knowledge Good so that can be applied in life his so that child will own adequacy balanced nutrition. (Puspita Sari et al., 2021) .

Parangargo village has do various possible efforts done For lower number *Stunting*. One that did is with do assistance. Various assistance that has been provided done very impactful Good. That matter can be seen from reduced child experienced child *Stunting*. However success neither does that found with easy way. Posyandu cadres must also Work hard For make parents understand *Stunting*. Many ways has carried out by cadres posyandu deep handle case *Stunting* the. For That researchers are very interested with study This so that researcher take title " Assistance by Posyandu Cadres to Parents in Minimizing It happened *Stunting* in Parangargo Village Subdistrict Wagir Malang Regency "

2. Method

Method used in study This is method qualitative with type studies case. Study qualitative is method approach For understand phenomenon with focus on values, meaning, and views informant (Fiantika, feni rita, 2022) Election method This aim For dig information about assistance provided cadre posyanddu for parents in minimize happen *Stunting*. Study carried out at Posyandu son people in Parangargo Village. Researcher do data collection with using two techniques that is observation, interviews and use studies literature as base For strengthen results research obtained. Source of research data This is results from primary and secondary data. Primary data is with submit a number of question to informant through activity interviews and observations. Meanwhile secondary data is with do studies literature yeah aim strengthen results findings study.

3. Results and Discussion

3.1 Result

Parangargo Village is one villages in the District Wagir Malang Regency. By geography village parangargo are in the area plain tall. Parangargo village Alone border direct with a number of villages in the subdistrict wagir. Parangargo Village border with a number of villages in the District Wagir as in section north border direct with Sidorahayu Village, section south border direct with Mendalanwangi Village and the western border direct with Gondowangi Village. Parangargo Village is an area that has 4 hamlets in it namely Durenan Hamlet, Genengan Hamlet, Juwet Hamlet Manting and Krajan Hamlet or normal called Wagir Hamlet. Which is divided to 34 RT and also 7 RW. And have number postal code 65158. The location of the Parangargo Village area is very strategic because location in the center economy and also government in the District Wagir.

Strategic location make access from or towards Malang City more easy from village other so that Parangargo Village become heart Subdistrict Wagir. So Parangargo Village functioned as location various office government, office police, health centers, traditional markets, schools, shops and factories. Livelihood from the people of Parangargo Village Enough varied in various field However work to be eye livelihood main people in the village parangargo is worker laborer factories in various sector is one of the most numerous that is factory cigarette. Apart from that, also the community

Prangargo Village many have eye livelihood as a stone laborers and porters building. However too many of the people of Parangargo Village who work as traders, officials government, apparatus villages, teachers and workers private. Education from The people of Parangargo Village are very varied. Because of the high level of education the people of Parangargo Village Enough diverse. Village community parangargo generally graduated from high school however too many of just the community graduated from junior high school or elementary school the supported Because a number of matter like economics, marriage, and also thinking they related importance education.

Welfare in the field health in the village parangargo become attention special for government Because Lots happen case *Stunting* in the village parangargo a number of years ago so that government do countermeasures as well as prevention with optimize performance from power health with form More Posyandu near with public. With condition that at the end government village parangargo more make it effective Posyandu program activities implemented one regularly month once done every beginning Sunday every the month.

Service Post Integrated or what is usually called as Posyandu is A the group that did activity form handling health principles implemented from society, by society and for public. Which is monitored and assisted by officers health local. Posyandu Putra Bangsa is Name from Posyandu located in Parangargo Village. Posyandu in Parangargo Village Subdistrict Wagir, Malang Regency. Posyandu Putra Bangsa formed as effort handling and maintenance guarantee health public with Good.

Condition case *Stunting* in Parangargo Village

BD's mother

BD's mother explained that Parangargo Village be one village that has case *Stunting* already decreasing and stable. Previously village parangargo be one village contributor case *Stunting*. matter the because various condition the people of Parangargo Village who can influence life public Alone.

Mother KP 1

Mrs. KP 1 explained that *Stunting* become important problems that occur in society. *Stunting* itself is very fatal growth and development child moment This or later in the future. In Parangargo Village Alone become one of the contributing villages case *Stunting* However after did it assistance become reduce enough Lots.

Mother KP 2

According to KP 2's mother said reason *Stunting* become important problem for child because children who have condition *Stunting* will own posture lacking body Good caused less growth OK, body child will more short and have underweight from normal child. Apart from that, it also causes productivity levels to decrease over time length or moment mature.

Mother KP 3

KP 3's mother explained that moment This village parangargo be one village pilot in treatment and prevention *Stunting*. from Work hard work carried out by cadres and officers health create village parangargo in 2024 has 0 % cases *Stunting*.

Mother KP 4

According to KP 4 *Stunting* Alone is condition fail growth and development in children. Main phase see condition child in risk *Stunting* at 0-59 months Because time the is period growth and development in children. *Stunting* can be known with do measurement in a way periodically with see child 's height and weight If No in accordance with age child so child the can identified become risk *Stunting* and also KP 4's mother explained that there is Lots very fatal consequences in the future for children who experience it *Stunting* such as decreased IQ and less productivity good and results the job you get No Can varies.

Mother of KP 5

BD's mother explained that *Stunting* can fatal consequences for the future the child is because of it children at risk *Stunting* will has a low IQ and is inhibited development cognitive and intelligence. Apart from inside its development in facet Health is also very influential because children who have reiko *Stunting* or experience *Stunting* so health in the future will worsened Because prone to exposed disease and risk experience various dangerous disease like obesity, hypertension and also diabetes.

Mother of KP 6

Mrs. KP 6 explained that village parangargo Already experience very good drop from year year Where experienced child risk or experience *Stunting* the more decrease even in 2024 already complete or not There is experienced child or risky *Stunting*.

Background factors happen *Stunting* in Parangargo Village

BD's mother

BD's mother gave statement that Parangargo Village become village community his more open will outlook related *Stunting*. However still Many people also have it pattern think less open so that appear various causal factors happen *Stunting*. with pattern think less open can also be caused from level lacking education from public so that economy from neither does society Good. With condition the make the people of Parangargo Village There is some have quality low life. So that fulfillment nutrition that becomes less and make growth and development fetus become not enough Good.

Mother KP 1

Mrs. KP 1 explained that human resources really influence and become things factor happen *Stunting*. Good human resources Enough low Lots caused from education, so work main also low that makes level life from community in the area Still low. As well as making method look neither does society Can wide like source community Power his tall besides That reason *Stunting* here That from fulfillment food it's nutritious. Because of public as a parent not enough think about The nutrition that goes into children is the most important thing child Eat. However Fulfillment intake lack of nutrition complete too become risk like growth and development neither do children can be optimal and give rise to risk *Stunting*.

Mother KP 2

Mrs. KP 2 explained Parangargo Village reason mainly *Stunting* That not enough awareness inhabitant For health and prepare pregnancy before Marry. Besides that reason happen *Stunting* that's also from behavior life less clean from its people. A number of local community stay That Still near with pen cattle like goat, cow, or animal poultry like chicken, duck sis So For cleanliness the environment is also lacking awake

Mother KP 3

Mrs. KP 3 explained reason happen *Stunting* Because lack preparation pregnancy is a must done since early even should done since teenager Because readiness pregnancy That must Ready with ripe so that later during pregnancy Can awake with Good in a way physique nor his mentality. Besides that reason *Stunting* that's possible too caused from food consumed by children moment this.like matter his fast food serve or instant besides it is also a high food will salt and sugar will also influence lack absorption nutrition in body.

Mother KP 4

KP 4's mother gave explanation that factor reason from happen *Stunting* Because parental understanding and knowledge about *Stunting* That Still not enough. Society still Not yet understand more deep related *Stunting*. Besides that factor reason happen *Stunting* that's possible too from fulfillment poor nutrition. *Stunting* Can happen Because lack fulfillment nutrition that enters the fetus and baby during pregnancy.

Mother of KP 5

Mrs. KP 5 explained reason *Stunting* Because behavior life healthy and clean society still less, according to KP's mother is 5 cultures life clean in Parangargo Village Still not enough like culture wash hand.

Mother of KP 6

Mrs. KP 6 explained that parental understanding become points main. However Actually parental understanding This No seen from level life public but desire For find out needs child That Alone. Affected child *Stunting* No only from circles society that has low economy However there are also people who have it sufficient economy well and his son experience *Stunting*

Assistance provided cadre posyandu in minimize happen *Stunting*

BD's mother

According to BD 's mother assistance provided by cadres posyandu form assistance for Mother postpartum is one of them that is class lactation. assistance to mother postpartum is really needed For give waiter to pad Mother postpartum with Good. Posyandu cadres Can do assistance For minimize exists postpartum depression or *baby blues* in mother. Besides that assistance nutrition in mothers post give birth to or Mother postpartum For optimize healing wound post give birth to in natural or Caesarean birth. Apart from that, there are also assistance related exclusive breastfeeding babies 0-6 months is very important for the growth and development of babies. And also giving assistance related to MPASI in children. Because adequacy nutrition as well as nutrition child be one method For reduce or minimize case *Stunting*. obey BD *Stunting's* mother No only occurs in children during the 1000 HPK period but also during toddlerhood so that fulfillment nutrition and nutrition for children must fulfilled in accordance with his needs.

Mother KP 1

KP 1's mother explained as cadre posyandu do assistance to teenagers and candidates bride more specifically For prepare they untuk are in phase Marry in matter health, and also mental. cadre posyandu will give provision related health reproduction and readiness in prepare pregnancy.

Apart from that, KP 1 explains exclusive breastfeeding assistance carried out by cadres posyandu. Because some Mother breastfeeding in Parangargo Village No provide breast milk exclusive because work those who require it they No Can love in a way exclusive. Posyandu cadres also provide assistance related to MPASI. MPASI is given For fulfil need nutrition in

children will the more increase along increase age so that Mother need give food addition as complement nutrition child other than what you get through breast milk.

Mother KP 2

KP 2's mother said assistance carried out on candidates bride Assistance is also provided during pregnancy. Mother 's assistance pregnant, mother postpartum, mother Baduta and also toddler mothers are carried out in 2 ways that is personally and also individually together The same with make A meeting. He explain assistance to mother postpartum No only focus to condition Mother postpartum in fulfillment nutrition Because nutrition the will support health for mother and also baby. Besides that participation family Because family will always accompany Mother postpartum. So that family should too given assistance related the right way For nurse Mother post give birth to or Mother postpartum.

Mother 's assistance in fulfillment complete nutrition for children will make child own optimal growth and development. Fulfillment nutrition in children must equipped with fulfillment of protein, carbohydrates, fiber and fat.

Mother KP 3

Mrs. KP 3 explained assistance done with checking in a way periodically every month and do recording in the KIA book for see condition Mother pregnant, postpartum. as well as condition child routinely. Checking the For avoid mother and child experience condition condition certain threatening ones health besides assistance For give more insight wide to Mother.

Cadres do assistance with communication direct to target that is Mother together Parangargo Village midwife discussion forum together in class lactation. besides That assistance done to the mother For develop motor child with Good. the way cadres do it posyandu in children's motor development is with give knowledge to parents related to oral motor skills, and also sensitivity senses in children with teach make toys that hone children's motor skills

Mother KP 4

KP 4's mother explained assistance to candidates bride done up to 3 times ongoing wedding. Mentoring the carried out so that candidates partner Marry own sufficient supplies strong For go through phase marriage and also have physical and mental readiness for enter phase pregnancy. Besides that do assistance to mothers who have child age Clowns and also Toddlers. risk *Stunting* That No only will suffer from infancy and Baduta just but also during childhood enter Toddlers can do it too risky *Stunting*. Assistance provided form assistance related nutrition balanced in children. assistance related MPASI nutrition and administration optimal nutrition for children... besides That do assistance related development motor skills in children. In his activities cadre posyandu will give education related method improve and develop motor skills in children Mother of KP 5

KP 5's mother said assistance must given to public since the earliest phase or pre wedding because with so will strengthen provisions them to have more knowledge and understanding in related health and *stunting*. Besides that assistance to mother pregnant like consultation with midwife, cadre posyandu do assistance with checking in a way periodically

every month at posyandu with take notes weight, circumference waist, and condition health, for know health Mother. Assistance for postpartum mothers For get knowledge more For complete necessary nutrition and nutrition during the period after give birth to. Fulfillment nutrition the can done For optimize healing Mother post give birth to

Assistance is also provided to Baduta (babies under two years old) and also toddlers (babies under five years old) assistance done For give broad insight in knowledge related *Stunting*. in matter this is an old man will given assistance related to MPASI for children 1000 HPK and also giving adequate nutrition for children.

Mother of KP 6

Mrs. KP 6 explained that assistance Mother pregnant in the village parangargo done with checking regularly at the sheltered post posyandu son nation in accordance the region. Every Mother pregnant will done recording and measuring For know condition Mother. And did consultation direct with midwife village For check condition fetus with bring ultrasound results that have been done. timetable certain will done assistance in a way together in class pregnant nor individual with cadre come House Mother pregnant

Besides that assistance to mother post give birth to will easy caught postpartum depression, postpartum depression itself That Can just happen in 3 months First Mother post birth. Condition that is also normal called with *baby blues* assistance done For control condition psychological and also emotional Mother. Mentoring giving MPASI For adapt with need nutrition child must there is carbohydrates, protein, fiber and fat. Children need it consume food high protein for support its growth.

Obstacles experienced cadre posyandu Mrs. KP 1

According to Mrs. KP 1 assistance provided by cadres Posyandu son nation always get support from various party like from public itself, government village, health center even service health. Mentoring become possible solution implemented For minimize happen *Stunting* in the village parangargo

Mother KP 2

KP 2's mother explained in activity assistance in minimize happen *Stunting*. Mentoring the No Can done with Good Because lack understanding caused society because human resources are low in part the people of Parangargo Village. Partly community in Parangargo Village only reach education No tall so that pattern think they became different. Besides that communication from cadre posyandu myself sometimes No too Good so that a number of public offended or not do services and assistance at posyandu Again

Mother KP 3

According to Mrs. KP 3 cadres Posyandu get the greatest support in assistance is from the people of Parangargo Village Alone Because without exists society can cooperate with kind and cooperative so activity assistance in minimize happen There will also be *stunting* No Can walk with good and purposeful main from activity assistance the No will realized with Good. Obstacle in assistance happen in scope cadre posyandu. Because some cadre posyandu who want become seen more stand out compared to with member others and create situation inside

member cadre posyandu become No conducive. matter the result coordination No can be optimal. Because there are many there was a misunderstanding between them cadre member cadre posyandu.

Mother KP 4

KP 4's mother explained that cadre posyandu son nation it's been working very well hard in do activity assistance However, no Can denied Still Lots one of the obstacles limited amount cadre. Amount minimal cadres do it service and assistance become No maximum. besides that's also the amount society does assistance Enough Lots so we as cadre with 5-6 members Still overwhelmed

Besides that obstacle happen Because our communications as cadre posyandu sometimes make a number of public offended. Because some cadre posyandu own style too much communication open and frontal so make parents child become offended and reluctant For go to posyandu. problem budget become A obstacle in activity assistance. Because of the budget from government limited village make cadre posyandu must clever clever share funds. Mother of KP 5

According to Mrs. KP 5 Perceived obstacles as cadre posyandu son nation Enough Lots in activity assistance provided. One of the most visible is lack cadre in every post with cadres numbering 5-6 people. Coordination internally still not enough Good Because often emergence problem internally in the membership every post makes cooperation

No Can walk with Good. Besides that lack budget you have cadre posyandu in do assistance become important problem moment assistance. Considering the funds obtained only from village funds so the funds obtained are very limited. matter the create assistance No Can done with Good.

Mother of KP 6

activity assistance provided by cadres posyandu son nation get attention special from government villages and also departments related Because problem *Stunting* is very important and necessary minimized with Good For lower or even remove case *Stunting*. Obstacle lack cadre in 1 post makes activity assistance provided No walk with Good besides it's also communication cadre with poor society Good done by some cadre who made it people misunderstand it or not own desire For do assistance

3.2 Discussion

Condition *Stunting* in the village parangargo

Condition *Stunting* in Parangargo Village Enough need exists good handling from government nor from Posyandu Cadres as the front guard health mother and child. Case *Stunting* that occurred in Parangargo Village need get attention special because Lots children in the village parangargo who experienced *Stunting* matter That because condition children who have height and weight are not in accordance with age child so that will has an impact on conditions child in age moment This as well as in the future child the. village parangargo be one village pilot in handling For minimize happen *Stunting*.

Parangargo Village Community own problem form understanding those who are lacking to happen *Stunting*. not enough educated the people of Parangargo Village make condition *Stunting Stunting* become the more increase. Parangargo Village become village with handling The *stunting* is very good. Posyandu cadres do activity For minimize happen *Stunting* with do activity assistance to the community as candidate bride nor parent. With do assistance public get more understanding related *Stunting* and possession available knowledge make parents overcome or prevent happen *Stunting*.

In the year of 2022 in village parangargo have case *Stunting* as many as 16 children and with did it service as well as assistance provided by cadres Posyandu in 2023 cases *Stunting* decrease to 6 children and in 2024 imputed in January 2024 cases *Stunting* reached 0 children or 0%.

Background Factors It happened *Stunting* In Parangargo Village

Main factor happen *Stunting* because lack intake nutrition basically prolonged Can caused by intake food or lack of nutrition, low amount food and quality nutrition be one factor reason *Stunting* is the main thing. Apart from that, there is also a lack of food varied or not fulfil content nutrition such as protein, carbohydrates, fiber, vitamins, minerals and also zinc.

According to Parangargo Village midwife and also cadres posyandu son nation factor most prominent in society village parangargo related factor reason happen *Stunting* form awareness public will *Stunting* Still Enough low. Lack awareness the based from poor society in preparation marriage and also a supposed pregnancy can be prepared with Good preparation wedding become mandatory thing carried out by the candidate bride to have sufficient preparation ripe in health and also mental for continue life wedding and preparations pregnancy.

Based on findings obtained by researchers This there is factors reason happen *Stunting* is one of them is a lack of human resources in society. This matter influenced by several matter like education. Economic level society and thought public That Alone. (Rizal & Tandos, 2021) This is also explained in research Part of public village parangargo only enjoy education up to high school even there is just society enjoy education at junior high school level p the make possible work they can No varied and just become laborer rough. Economic factors be one reason from exists case Based *stunting* because people's human resources are low and this also results in low income too.

Another factor being reason happen *Stunting* is the most influential is parental understanding related *Stunting* That Alone. Some people village parangargo not enough own understanding related *Stunting*. matter the Can seen from society that doesn't know in a way clear to case *Stunting* is in the middle public. reason happen *Stunting* in the village parangargo Because lack behavior healthy and clean in society. matter that is also possible said as lack of sanitation good for society. In Parangargo Village there is a number of from society that has animal livestock and pens the placed near with House so that surrounding environment House become polluted with exists dirt from animal cattle the. Apart from that, some of society doesn't either own a clean and healthy life.

One of other factors that cause happen *Stunting* is fulfillment food nutritious. In terms of This fulfillment food nutritious important to note since as early as Possible. fulfillment food nutritious must become habits that exist in society. reason *Stunting* Alone Can happen because lack fulfillment nutrition in the body so that body No Can grow and develop with Good. For That fulfillment nutrition need done as early as maybe to avoid it from happen risk *Stunting*.

Assistance provided by Posyandu cadres in minimizing It happened *Stunting*

Assistance provided by cadres posyandu son nation own very important role for reduced experienced child risk *Stunting* and minimizing happen *Stunting* in Parangargo Village. Mentoring become the most suitable solution For given to the people of Parangargo Village. Posyandu cadres son nation that is at the forefront related health family more primarily on health mother and child need do useful assistance in minimize happen *Stunting* in the village parangargo Posyandu cadres son nation do assistance with do it two ways that is in forums and also online *door too door* to public. Mentoring the felt Far more effective done in two ways Because assistance Can more focused on conditions from public especially mother who became target from assistance the. Mom will too get more understanding good and more clear because assistance in a useful forum as giving information in a way direct to society does OK cadre posyandu Alone, midwife village parangargo nor from other competent speakers in the field. Posyandu cadres son nation do assistance with give education as well as understanding to the community. education the done since beginning phase life so you can done prevention with Good.

The earliest assistance is with do assistance to partner pre Marry or Can said as catin. Partner catin will get assistance with did it class catin. Class catin This given to the candidates bride get knowledge related importance prepare self before Marry. Preparation self Can from facet health and each other 's mental state catin so that Ready enter phase wedding with happy.

Assistance provided by cadres posyandu son nation continued with follow phase furthermore namely the period of pregnancy. In mentoring This cadre posyandu more emphasizes giving nutrition maximum during pregnancy and also maintain health Mother during pregnancy. Mentoring done with give class Mother pregnant to people who are pregnant and also give assistance in a way individual For see condition Mother pregnant in a way more complete and also in depth. cadre Posyandu Putra Bangsa also did this assistance to Mother post birth or also called as Mother postpartum. Assistance provided by cadres posyandu done For give knowledge related adequacy necessary nutrition fulfilled in new babies born. Adequacy the nutrition that the baby gets born is with consuming breast milk or also normal called as breast milk. For That cadre posyandu give education to public especially Mother postpartum For provide breast milk exclusive to baby namely 0-6 months.

Obstacles Experienced by Posyandu Cadres in Carrying Out Activity Companion

Success implementation A activity assistance in minimize factors reason happen *Stunting* in the village parangargo subdistrict wagir regency unfortunate by the cadres posyandu son nation. activities assistance This No off from exists obstacles experienced by cadres posyandu. Obstacle the will make effectiveness activity assistance become hampered and also goals from held assistance No will realized with Good.

1. Limited amount cadre

Effectiveness activity assistance provided by cadres posyandu depend with amount active cadre in activity the. This matter in accordance with research conducted by (Norsanti, 2021) limitations amount cadre will cause lack of work effectiveness from cadre posyandu and p the will have an effect on the services and assistance provided confused. In the assistance provided by cadres posyandu son nation amount cadres involved it is very limited because the society that is becoming cadre There are only 5 posyandu at each post with only 6 people. That matter No Can balance many given society assistance. Condition the make cadre posyandu overwhelmed dn make activity assistance provided to public not enough maximum.

2. Lack coordination

Coordination carried out by cadres posyandu son nation in prepare or carry out activity lack of assistance Good result activity assistance become not enough effective. This matter in accordance with opinion expressed by (Sulistyowati et al., 2021) Lack of coordination Good caused Because a number of cadre want to stand out in one post. Posyandu cadres son the nation felt it too exists lack coordination between member cadre posyandu. matter the result misunderstanding occurs within membership cadre posyandu at every post and connection between cadre posyandu become No harmonious. Apart from that, there is also a lack of coordination good to the cadres posaydnu son great result discord and decline effectiveness possible coordination carried out by cadres posyandu.

3. Communication cadres and parents

Communication become important factor in activity assistance provided by cadres posyandu. Communication used by cadres posyandu in transfer information held by cadres posyandu to public especially mothers. That matter related with opinion expressed by (Megawati & Wiramihardja, 2019) Lack of communication Good will cause lack participation public in do activity assistance. matter This is also done by some cadre posyandu in activity assistance in forums or in assistance individual. So that can make parents be misunderstood and reluctant For go to posyandu and accept assistance more carry on. Lack of communication Good This Lots based Because method talk a number of cadre posyandu too blunt without see situation and conditions from parents baby nor child. That matter will influential bad in ongoing activity assistance. Because of parents baby nor child Already offended with comment or sayings that have been spoken by some cadre posyandu.

4. Lack budget

Budget be one factors that become obstacle from activity mentoring, p This in line with research by Siti Kurnia Widi Hastuti et al., (2022) explains that limitations budget be one factor inhibition in activity assistance. limited budget will result not enough its effectiveness activity assistance Because activities are minimized so that sufficient funds available. Budget obtained in activity assistance provided by cadres posyandu son nation This are the funds provided through village funds. This matter in line with research conducted by Widaryanti (2019) explains that the funds are used in activity assistance are the funds obtained from village funds or village APBD. With the minimal amount of funds makes it cadre must choose interest assistance that becomes priority so that funds can be obtained allocated with Good. Funds that

have been given by the village will managed by cadres posyandu son future nation will shared for in accordance need all over activities by cadres posyandu. However, the funds obtained Still not enough in fulfil need activity assistance. So the funds obtained are limited. with limited funds make activity assistance No Can implemented in accordance with planning beginning. Lack budget make cadre posyandu must plan repeat and adjust with budget received so that cadre posyandu must reduce funding requirements that can be done reduced such as PMT funds, transport funds and also service funds .

3. Conclusion

1. Condition *Stunting* that occurs in the village parangargo on some year Previously it was very worrying where is Parangargo Village be one contributing villages amount children at risk *Stunting*. in 2022 cases experienced child risk *Stunting* in the village parangargo as many as 16 children but in 2023 to 2024 cases *The stunting* that occurs in Parangargo Village is increasing down, work hard from the cadres Posyandu Putra Bangsa in minimize happen *Stunting* in Parangargo Village.
2. Background factors happen *Stunting* in Parangargo Village is one of them background factors happen *Stunting* like lack awareness public about Health and *Stunting*, source Power human, understanding and knowledge society, behavior life healthy and sufficient fulfillment nutrition. With exists various factor reason the make village parangargo own case *Stunting*. Posyandu cadres as the front guard health public need do A solution to the case *Stunting* become more controlled and reduced. Solution provided public form do assistance as effort minimize happen case *Stunting* in Parangargo Village.
3. Assistance provided by cadres Posyandu Putra Bangsa is give assistance to candidates bride (Catin), mother pregnant, mother postpartum, baby under two years old (Baduta) and babies under five years (Toddlers). In mentoring This Lots activities carried out for the community Can get information and knowledge *Stunting* with Good as well as Can educated so that it happens *Stunting* can be minimized and slow case *Stunting* in Parangargo Village Can decrease even is lost.
4. Obstacles experienced cadre Posyandu Putra Bagsa in give assistance provided to public For minimize happen lack amount cadre in each post, less good coordination of cadres Posyandu Putra Bangsa, the lack communication cadre Posyandu with society, and lack thereof budget For activity assistance,

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