

Fostering an Entrepreneurial Spirit Through Tofu Steak Making Training for Madrasah Aliyah Graduates Based in Islamic Boarding Schools

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Abstrak

Tingkat pengangguran tinggi karena lapangan pekerjaan tidak mencukupi jumlah pencari kerja, sehingga dibutuhkan wirausahawan baru. Oleh karena itu, pelatihan ini bertujuan untuk memotivasi dan menumbuhkan jiwa dan minat berwirausaha, serta membekali mereka dengan keterampilan. Latar belakang pelatihan ini adalah masih banyaknya lulusan yang memiliki keterbatasan dana untuk melanjutkan ke perguruan tinggi, rendahnya motivasi untuk melanjutkan pendidikan ke perguruan tinggi, serta terbatasnya pengetahuan dan keterampilan berwirausaha. Pelatihan ini difokuskan pada 11 lulusan perempuan dari Madrasah Aliyah Mamba'ul Ulum. Pelatihan dilaksanakan dengan bimbingan langsung di dapur pesantren dalam suasana santai dan menyenangkan. Hasil dari pelatihan pembuatan tahu bistik ini adalah peserta mampu menghasilkan produk olahan tahu bistik yang dapat dijual atau dikonsumsi sehari-hari. Selain menghasilkan produk, pelatihan ini juga membekali peserta dengan pengetahuan dan keterampilan serta menumbuhkan jiwa dan minat berwirausaha. Hal ini terlihat dari produk-produk makanan dan minuman baru yang mereka jual di kantin pesantren.

Kata kunci— Tahu bistik, Kewirausahaan, Madrasah Aliyah, Pesantren

Abstract

The unemployment rate is high because there aren't enough jobs to meet the number of job seekers, so new entrepreneurs are needed. That's why this training aims to motivate and foster an entrepreneurial spirit and interest, as well as provide them with skills. The background for this training is that there are still many graduates who have limited funds to continue to college, low motivation to continue their education to college, and limited knowledge and entrepreneurial skills. This training is focused on 11 female graduates from Madrasah Aliyah Mamba'ul Ulum. The training was conducted with direct guidance in the boarding school kitchen in a relaxed and enjoyable atmosphere. As a result of the tofu steak training, participants were able to produce tofu steak products that could be sold or consumed on a daily basis. In addition to producing products, the training also provided participants with knowledge and skills and fostered their spirit and interest in entrepreneurship. This can be seen from the new food and beverage products that they sell in the school canteen.

Keywords— Tofu steak, Entrepreneurship, Madrasah aliyah, Islamic boarding school

1. INTRODUCTION

People in society are faced with increasingly limited job opportunities, where the number of available jobs is not proportional to the number of job seekers, resulting in unemployment (Poschke, 2025). According to the National Bureau of Statistics, the number of unemployed people in Indonesia is increasing every year (Dian Safitri & Rezza, 2025).

Unemployment is a problem that must be addressed immediately because it is one of the factors that contribute to crime. Rising unemployment will also lead to an increase in poverty (Syafitri.J et al., 2025). The solution to overcoming unemployment is through the creation of new entrepreneurs and the improvement of human resource skills (Hou et al., 2025). The first step that needs to be taken to create new entrepreneurs is to foster an entrepreneurial spirit

in the community, especially among the working-age population (Hou et al., 2025). It is necessary to foster an interest in entrepreneurship among the younger generation from an early age, even when they are still in school, especially in Madrasah Aliyah.

Madrasah Aliyah is a formal Islamic religious educational institution equivalent to Senior High School or Vocational High School. After this level of education, students will continue their education to higher education. However, there are times when students encounter obstacles in continuing their education to higher education, one of which is due to economic factors (Taslima et al., 2024; Murniasih et al., 2023). These economic factors inevitably lead individuals to enter the workforce to meet their daily needs. Entrepreneurial activities are essential to survive in difficult economic conditions and to be able to live independently.

Education in Madrasah Aliyah based on Islamic boarding schools focuses on religious education. Currently, Islamic boarding schools must be able to function as institutions that promote and support human resource empowerment and encourage development in all fields, including economics (Syarifuddin et al., 2024). For the sake of national progress, santri or students are not only required to concentrate on studying religious knowledge, but are also required to learn to become independent and competent in the economic field. The goal is that when they are in the community or the world of work, these santri will become role models in applying religious knowledge in their lives and become independent in their economic affairs.

In line with what is mentioned above, it is necessary to conduct a community service program to foster an entrepreneurial spirit among 12th grade graduates of Madrasah Aliyah Mamba'ul Ulum. From the results of the identification, there are several problems faced by these 12th grade graduates, namely that many of them have limited funds to continue their education at university. In addition, their motivation to continue their education to college is also low. Another problem is the limited interest, knowledge, and entrepreneurial skills they have.

Considering these issues, the objective of this community service program is to foster an entrepreneurial spirit and interest by providing training in making tofu steak to Madrasah Aliyah Mamba'ul Ulum graduates. Hopefully, after the training, they will be motivated and have the interest and spirit to become entrepreneurs. They will have better prospects in their work and be able to develop

their potential to start their own businesses.

2. METHOD

The training was conducted directly in the Islamic boarding school environment, utilizing the facilities available there. The target of this training was 11 female students who graduated from Madrasah Aliyah Mamba'ul Ulum, who are of productive age but do not yet have economic independence and have limited knowledge and skills in entrepreneurship. All participants were expected to be motivated to become young entrepreneurs and be able to create job opportunities in the community in the future.

The researchers prepared the training activities from the planning stage to the evaluation stage. The implementation stage of the training activities will be explained as follows (Utomoh et al., 2025; Farida et al., 2024):

1. Planning Stage

The first step in implementing the training was to submit a permit application to the Islamic boarding school as the policy maker, explaining the activities to be carried out, the objectives of the activities, the timing of the activities, and the budget to be used. After this process was completed, the researchers coordinated with the craft teachers regarding the tools and materials to be used and how the activities would be carried out. Next, they coordinated with the training participants regarding the training schedule, the tools to be used, and the venue for the training.

2. Implementation Stage

The training was held at the Islamic boarding school, specifically in the school kitchen. The training lasted for approximately three hours. During this stage, participants were taught the steps involved in making tofu steak from start to finish. Various tips were shared during the training on how to produce high-quality and delicious tofu steak. In addition, participants were given motivation to foster their spirit and interest in entrepreneurship.

3. Monitoring and Evaluation Stage

The monitoring stage involves supervising each step of the work carried out by the training participants. Meanwhile, the evaluation stage involves correcting any mistakes made during the work process or providing suggestions to participants in order to achieve maximum results.

3. RESULT AND DISCUSSION

The training activities were conducted by providing motivation and training simultaneously. The main objective of this training was to motivate

them and foster their spirit and interest in entrepreneurship, as well as to provide them with skills. The activities were carried out in a relaxed atmosphere in the boarding school kitchen. With this relaxed atmosphere, the training participants felt happy, more comfortable in asking questions, and did not get bored. (Hidajat et al., 2020).

The first activity was to motivate and advise the training participants to be more confident and not afraid to try new things. They were encouraged to have future goals so that they would be motivated to achieve a good life in line with their aspirations. This motivational activity is carried out in conjunction with the training activities, namely in between training activities interspersed with motivation to welcome their lives after graduation, given various suggestions and examples of entrepreneurship that can be done (Hairunisya et al., 2024). In this way, the training participants feel enthusiastic and happy because they can ask questions freely as if they were talking to their peers.

The next activity was a training session on how to make tofu steak. This activity was attended by 11 female participants who had graduated from Madrasah Aliyah with the aim of fostering their spirit and interest in entrepreneurship and providing them with skills that they could use to start their own business or collaborate with others. The training was carried out in several stages, as shown in Figure 1 below (Carrenõ & Dolle, 2018):

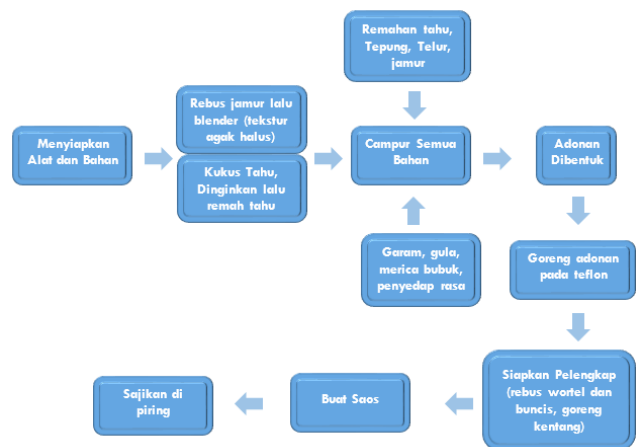


Figure 1. Process of Making Tofu Steak

1. Preparing Tools and Materials

The main ingredient in making tofu steak is white tofu. Other ingredients that need to be prepared are: cap jempol seasoning powder, oyster mushrooms, eggs, ground pepper, sugar, salt, and flavoring. Ingredients for the sauce are: tomato sauce, oyster sauce, onions, salt, garlic, sugar, and flavoring. Additional ingredients are: potatoes, green beans, and carrots.

2. The Process of Making Tofu Steak

The process of making tofu steak begins by steaming white tofu and then cooling it. After that, boil the mushrooms, then blend the boiled mushrooms until they have a fairly smooth texture. Continue by mixing the tofu steak ingredients in a container and stir until evenly mixed (see Figure 2).



Figure 2. Process of Making Tofu Steak Dough

Once the dough is ready, shape it and fry it in a Teflon pan until golden brown (as shown in Figure 3).



Figure 3. Process of Forming and Frying Steak Dough

Continue by making the toppings and sauce (as shown in Figure 4). After that, the steak is ready to be served on a serving plate (as shown in Figure 5).



Figure 4. Cutting Process for Additional Ingredients and Sauce



Figure 5. Tofu Steak Product Served on a Plate

During the process of making tofu steak, suggestions were also given to ensure that the resulting tofu steak was of good quality (Carrenõ & Dolle, 2018). In addition, discussions and question-and-answer sessions were held on other aspects of entrepreneurship, and participants were motivated to develop an entrepreneurial spirit and interest in becoming self-reliant.

3. CONCLUSION

Based on the training results, it can be concluded that high participant engagement and a supportive, enjoyable atmosphere had a positive impact on the program's implementation, namely the development of an entrepreneurial spirit among the training participants. Before the training, the participants did not appear to have an entrepreneurial spirit, had low interest in entrepreneurship, and had minimal knowledge about entrepreneurship. Initially, they only knew that tofu could only be fried. From the practice of making tofu steak, the participants began to show an entrepreneurial spirit and interest in entrepreneurship, as seen from the new products in the form of food or drinks that they sold in the school canteen. It is recommended that the trainees continue to innovate and never stop learning after this training. It is hoped that many new and creative products will emerge, opening up job opportunities, reducing unemployment, and increasing the number of entrepreneurs.

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